



JULY 2012

VOLUME 25, ISSUE 6

Footnotes

OFFICIAL NEWSLETTER OF THE NEW HAMPSHIRE AMATEUR BALLROOM DANCERS ASSOCIATION

“Let’s Be Patriotic” Dance

Sat., July 21, 2012

NH Institute of Art, 148 Concord St., Manchester, NH

Directions from I-93 North and South: Take Exit 8 (Bridge St.) and take a right off the ramp onto Bridge St. (towards downtown). Proceed approx. 1.6 miles. Go left onto Union St. Take the 3rd right onto Concord St. NHIA is on the right.

6:45 – 7:30 pm Quick Step Lesson by Paper Moon Dance Center

8:45 pm Showcase by Paper Moon Dance Center

7:30 – 11:00 pm General Dancing to Joe Butera, DJ

Bottled water available. Complimentary ice, coffee and desserts. You may bring your own alcoholic beverages and snacks, however smoking is not allowed.

E-mail Betty Ashooh at getinstep@comcast.net and include date of dance, names of all attending and seating preferences
OR call **603-716-6791**.

**Limited seating!
Please make
reservations by
7:00 pm on
Thur., July 19th!**

Admission: \$10.00 for current NHABDA members \$15.00 for non-members (Annual dues are only \$15.00)

Late reservations and admissions at the door: \$2.00 additional.

PRESIDENT’S MESSAGE



Greetings friends of NHABDA:

Doesn't it seem like May was so long ago? We had a wonderful dance with music by Rico Barr & the Jump 'n Jive Review. We had 80 dancers, which allows more room on the dance floor. A big thank you goes to Arthur Murray Dance Studio of Manchester, NH. They taught a Bolero lesson and did a beautiful showcase. The room was well

decorated as always, thanks to Denise and her crew.

A special thank you to Cathy Carbonello for the basket she donated for the door prize. Thank you to everyone who brought food. Thank you to Bill and Maria for the mixer music. Again, it takes volunteers to put the dance together and it amazes me how well it does all come together. AND speaking of volunteers,



we have a new board member, **Walter Harney**. You will most likely be hearing a lot from him next year!

We would like to send our condolences to Nancy Lord, a member of the board, who recently lost her father.

Outreach was at Warde Health in Windham on June 10th. Joyce Wilson reported that they had five couples dancing for

continued on pg. 2

2012 NHABDA Board

PRESIDENT

Lynne Townsend
603-432-6869

VICE PRESIDENT

TREASURER

Irene Lisavich
603-537-0424

SECRETARY

Mary Pat Smith
603-943-2997

— COMMITTEES —

CLEAN-UP

Mary Pat Smith
603-943-2997

Ginette Lawrence & Anthony Bolduc
603-889-5214/603-387-6149

DANCE SET-UP & DECORATIONS

Denise & Phil Kelly
603-434-7308

David Townsend
603-432-6869

Kathy & John Carbonello
603-434-0632

OUTREACH

Joyce Wilson
603-644-3427

SCHOLARSHIP

Lois & Joe Ireland
603-860-3876

SHOWCASE & LESSONS

Lois Ireland
603-860-3876

SINGLES

Virgie Beacom
603-921-1266

(new) Walter Harney

Remember, you don't have to be a board member to help on a committee!

MUSIC & MEMBERSHIP

Gerry Ouellette
603-471-0636

WEBMASTER

Keith Johnson
603-529-7094

FOOTNOTES

Joe Hannaford
603-472-2823

PRESIDENT'S MESSAGE *continued from page 1*

about 25 residents, staff and visitors. The group was introduced by the activities director and Joyce took over and did her speech and announced each dance/couple. One resident was clapping her hands throughout the whole hour. Many sang along on the Polka Line Dance and several got out on the floor and danced with our dancers (even wheelchair-bound residents). The activities director thanked us and called us the "New Hampshire Ballroom Dancers with the Stars." Everyone had a great time and they look forward to our return. **Next Outreach** will be **September 9th** at the **Courville at Nashua**. Contact Joyce Wilson if you are interested in participating in Outreach.

NHABDA's July dance will be, "Let's Be Patriotic" on **Sat., July 21st** with music by Joe Butera (DJ) at New Hampshire Institute of Art (NHIA) in Manchester. Paper Moon Dance Center will teach a Quick Step and provide us with a showcase later in the evening. Come dance and enjoy the air conditioning. **Remember to reserve your spot for the July and August dances early, as both will be held at NHIA, which holds only 100 dancers.** I will miss you all at the July dance as David and I will be in Germany attending the wedding of an exchange student who lived with us for a year quite a few years ago. I know you will all enjoy the dance.

Since we will be learning the Quick Step, I thought that a little history on the Quick Step would be interesting:

The "Quick-Time Foxtrot" or simply the Quick Step began life in the 1920s as a "fast Foxtrot," which came about when it became the fashion for bands to play too quickly for the large open leg movements which the Foxtrot requires. It is essentially a fast Foxtrot in form, but it incorporates elements of the Charleston, the Black Bottom, the Peabody and the Shimmy. It involves wild, swinging arms, hops, skips and side kicks, as well as the runs, chasses (a form of side-step) and turns of the original Foxtrot. Despite the speed of the dance, the Quick Step should appear smooth and sophisticated. There is some doubt as to when the dance was first performed, but it is certain that there was a performance at the Star Dance Championships in England in 1927, when the dance was standardized.

The dance originally had something of

a wild reputation. The more sedate ballrooms of the 1920s banned it completely, whilst others put up signs reading PCQ: "Please Charleston Quietly." It was popularized in Europe by the performances of Josephine Baker, the first black dancer to star in the Folies Bergère (a Parisian music hall), who became notorious for dancing with only colored feathers around her hips.

The Quick Step is now one of the five main ballroom dances. The form of Quick Step danced at an advanced level today usually involves syncopation, where steps are taken on the half-beats, producing an unexpected rhythm. However, it is still very similar to the Quick Step of the 1920s. The Quick Step is still immensely popular; while it is no longer considered "wild," the speed of the dancing makes it an excellent way to keep fit, and the mixture of dance styles makes it perfect for ballroom dancers from any background—or for beginners simply looking to learn a fun and energetic dance. (This excerpt was found at History of the Quick Step Dance eHow.com)

If any of the dance studios would like to donate a gift certificate for a "free admission to a dance" or for "1 free lesson," etc., for the door prize, please contact me or just bring it to the dance and leave it with Betty or drop it off at my table. We would love to present them and have your studio's name announced.

HAVE FUN & HAPPY DANCING!

Lynne

2012 NHABDA Schedule

July 21	NHIA
Aug. 18	NHIA
Sept. 15	Pinkerton
Oct. 20	Pinkerton
Nov. 10	Pinkerton
Dec. 15	Pinkerton



May Outreach Epsom Manor, Epsom, NH



Photos by Joe Hannaford,
Mark Sanchione



"Nobody cares if you can't dance well. Just get up and dance." ~ Dave Barry



2012 Application for NHABDA Membership

New Hampshire Amateur Ballroom Dancers Association

PLEASE PRINT

I wish to be a member of NHABDA. I am an amateur dancer and receive no income from ballroom dance shows, lessons, or competitions.

NAME (1)

NAME (2)

STREET

TOWN/CITY

STATE

ZIP CODE

TELEPHONE

E-MAIL

STUDIO AFFILIATION(S) (LIST ALL)

Membership dues are \$15.00 per person, per calendar year and are tax deductible. Please make your check payable to **NHABDA** and mail with this form to: *Gerry Ouellette, Membership Chairman, 4 Candy Lane, Bedford, NH 03110.*

I would like to help our organization by:

- Volunteering to help set up or tear down on dance nights.
- Joining the Board of Directors
- Becoming a committee member or chairperson. Other:



More Places to Dance!

IN NEW HAMPSHIRE

Kathy Blake Dance Studios 603-673-3978 or 603-320-3196 (cell). 3 Northern Blvd., Amherst, NH kathyblakedance@gmail.com

Club Style Salsa Classes at Queen City Ballroom. Wed. 6-10pm, Beginner, Intermediate, and Advanced Salsa Classes. \$15 drop in or \$45/monthly class, 21 Dow St., Manchester, NH. * For more info: 617-875-9006 or www.SalsaNewHampshire.com e-mail: infomasacote@gmail.com

Get-in-Step Ballroom Dance Lessons – Betty Ashooh, Bedford & Derry, NH. 603-716-6791 or go to www.getinstep.biz

Keene Fusion Studios
603-358-0405, 9 Elm St. Keene, NH. Offering Ballroom, Latin, and Swing dance classes as well as Pilates, Zumba and other wellness classes. www.keenefusionstudios.com

Krystal Ballroom Dance Studio
352 S. Broadway, (Rte. 28) Salem, NH
For more info. call 603-870-9350 or go to www.krystalballroom.com

Let's Dance Studio – Michelle Johnson 603-228-2800 5 North Main St., Concord, NH. Group lessons, Performance classes, Zumba offered. Free practice sessions Thur. 8-10 pm. Sat. 7/28 Lake Winnepausakee Dinner/Dance Cruise, board @ 6:15 pm. Must reserve! Sat. 9/29 Home Coming Dance, 7:30-10:30. For more info go to www.letsdancen.com

Arthur Murray Dance Studio
603-624-6857 99 Elm Street, Manchester, NH. Saturdays, 7-11 pm, \$8. pp members, \$10. others. DJ, free refreshments. 3,000 s.f. dance floor. www.arthurmurrayboston.com

Newport's "Secret" Ballroom Natalie Mavor Miles 603-863-2222, 35 Main St., 3rd flr., Newport, NH.
www.thenewportballroom.com

Paper Moon Dance Center Classes are taught Saturdays & Sundays in Amherst, Wednesdays & Thursdays in Nashua. Sat. 8/4 Lake Winnepausakee Sunset Dinner/Dance Cruise. Call Maria to reserve. 603-943-1106. Gen. info. call 603-429-1100 or see our web site at www.papermoondance.com

Portsmouth Ballroom Dance Studio
603-433-2009 Portsmouth, NH
www.portsmouthballroomdancestudio.com

Queen City Ballroom Dance Studio
21 Dow Street, Manchester, NH. * QCB offers classes in Ballroom, Latin, Hustle, Salsa and Tango. Sun. night Ballroom Dance Parties, 6-9pm. For more info. and reservations call 603-622-1500 or go to www.queencityballroomnh.com

Rockingham Ballroom 603-659-4410
Newmarket, NH

Royal Palace Dance Studio 167 Elm St., Manchester, NH 603-621-9119. Private/group lessons/fitness training. Dance Party every Fri.

Go to: www.RoyalPalaceDance.com for more info. or email: info@royalpalacedance.com

Seacoast Ballroom 603-502-3267
The Harborside/Portsmouth, NH.
www.seacoastballroom.com

Wentworth Connections 603-430-0070
Sun. afternoon ballroom dances for folks 50 or better. 11:30-4:00 pm, lunch, cash bar, \$14. members, \$20. non-members. RSVP.

IN MASSACHUSETTS

Baldassari Ballroom 508-668-4494
K of C Hall, 572 Nichols St., Norwood, MA.
Sundays 6-9:30 Gen. dancing to recorded music. \$12 pp. baldassari@earthlink.net
www.SundayDance.tripod.com

Tina LaFlam's Dance Studio 28 Burnham St., Gloucester, MA. Call 978-283-8758, e-mail: miss-tina@verizon.net, or go to www.misstinasdancestudios.com

MASSABDA www.massabda.org

Moseley's Ballroom 617-326-3075
Dedham, MA

Dan Radler: Ballroom & Latin Dance Center of New England lessons for all levels and monthly dance parties. Call 617-455-5500 or go to www.BallroomDance.net

Roller World 781-231-1111 Rt.1 So., Saugus, MA. Ballroom dancing every Tue. & Sat. 7:30-11pm. \$11. inc. live band, snacks and chance to win Vegas trip. www.roller-world.com

'Steppin' Out' Ballroom Dance Studio
978-452-1111 1201 Westford Street, Lowell, MA (Exit 32 off Rte. 3) Dances each month. \$10. pp. Free refreshments.
www.steppinoutdance-lowell.com

Wonderland Ballroom 781-289-3080
1290 North Shore Road (Rte. 1A), Revere, MA

IN MAINE

Gotta Dance 207-773-3558 Portland, ME

Maine Ballroom 207-773-0002
614 Congress St., Portland, ME
www.maineballroomdancing.com

Maplewood Dance Center 207-878-0584
383 Warren Ave., Portland, ME.
e-mail: themaple@maine.rr.com
www.maplewooddancecenter.com

IN RHODE ISLAND

Friends of Ballroom Dancing (FOBD)
401-847-2980 253 East Main Road,
Portsmouth, RI. e-mail: SkipFOBD@cox.net

NHABDA does not sponsor or sanction events or locations listed here. We print this info. only as a service to our members.

Footnotes is published 10 times a year and is mailed free to members and associate members of NHABDA.

Attention Everyone!

Footnotes is a benefit that comes with a current, paid membership to NHABDA. If someone you know should be receiving *Footnotes* or would like to join NHABDA, please contact Gerry Ouellette at 603-471-0636 with their name and address. If you have ideas, features, or information that should be included in *Footnotes*, contact Joe Hannaford at 603-472-2823, e-mail to hannaforddesign@comcast.net

From the NHABDA Board: **Thank you to everyone who helps us clean up after each dance!**

Donations Accepted

NHABDA welcomes donations of gift certificates or other items of value to be used as door prizes at our monthly dances. Please contact Lynne Townsend at 603-432-6869.

Outreach Committee

Seeks dancers for nursing home demonstrations. No stress—think of it as an “hour of practice.” ALL skill levels are welcome. You’ll make someone happy next month and receive half off a NHABDA admission for yourself. Please contact Joyce at 603-644-3427.

Advertising in Footnotes

1/8 page	\$20.00 per issue
1/4 page	\$35.00 per issue
1/2 page	\$60.00 per issue
Full page	\$100.00 per issue

Discounts on multiple insertions. Contact Joe Hannaford, 603-472-2823, or hannaforddesign@comcast.net for advertising information. *Footnotes* has a circulation of approximately 210 households and is also available online.

Singles are always welcome at NHABDA dances! Dance hosts usually provided. If interested in hosting, contact Virgie Beacom at 603-882-8808.

Deadline for the August 2012 Footnotes is July 28th!



NHABDA

36 Hickory Lane, Bedford, NH 03110

www.NHABDA.com

**ADDRESS SERVICE REQUESTED
TIME SENSITIVE MATERIAL!**



***May Lesson
& Showcase -***

***Arthur Murray
Dance Studio,
Manchester, NH***

