



# FOOTNOTES



**SATURDAY, AUG 19, 2017**

**Milford Town Hall, 1 Union Square, Milford, NH**

Please make  
reservations by 7:00 pm  
on Thursday, Aug 17th!

Take Rt. 101W to exit for Rt. 101-A West (Milford/Keene) OR Daniel Webster Highway (Route 3) to exit 7W (Rt. 101-A West).  
Follow to oval (center of town) and proceed around the right, but take your first right into the rear of the town hall. Parking is here and easier access for elevator to 3rd floor..

**6:45 – 7:30 pm Lesson TBD**  
**8:45 pm WCS Showcase by Students from Anne Fleming's studio**  
**7:30 – 11:00 pm General Dancing to Mr. Jonathan, DJ.**

*Bottled water available. Complimentary ice, coffee and desserts. You may bring your own beverages and snacks, however alcohol and smoking are not allowed.*

E-mail Betty Ashooh at [getinstep@comcast.net](mailto:getinstep@comcast.net) OR call **603-716-6791**.  
and include date of dance, names of all attending and seating preferences.

Admission: \$12. for current NHABDA members, \$17. for non-members (Annual dues are only \$20.)  
**Late reservations and admissions at the door: \$2.00 additional.**



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# NOTES FROM THE NHABDA BOARD

by John Carbonello

It may be hot outside but it was nice and cool for our Summer Beach Party Dance at the Milford Town Hall. Laura Mailander, an independent instructor from the Chelmsford, MA area, taught us a perky Foxtrot combination. This was Laura's 1st time teaching at NHABDA. It was great fun and we hope to have her return in the future.

Chris and Devon from Alpha Beats provided a wonderful selection of ballroom dance music throughout the evening. During the break we were treated to a "Dancing with the Stars" quality showcase by students and teachers from Krystal Ballroom of Salem, NH.

First there was a cabaret style Quickstep with Kallen, Sam and Scott featuring a solo by Edzui and Amy complete with a jaw dropping overhead lift. Then Chris and Lindsey performed a sexy and playful Cha-Cha /Rumba Combo. To wrap things up, the Latin Formation Team danced a fun Latin combination.

Thanks to all who helped make the evening a success.

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*Remember, you don't have to be a board member to help on a committee!*

*Gentleman dance hosts do their part to foxtrot, rumba, tango and/or quickstep with ladies who are too shy or feeble to make the first move or arrive without a dance partner. You'll find them leading their dance partners to and from their seats and briefly connecting with each through dance.*

**Thanks to our Dance Hosts** for serving in this role during the "Beach Party Dance".

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## Floor Craft

We all share the ballroom dance floor, and like the freeway, must be considerate of others, lest you have a collision. If the dance floor is crowded, use your good common sense in maneuvering on the dance floor.

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## Dance Jokes

- ✧ What do cars do at the disco? -- Brake dance
- ✧ Where do fortune tellers dance? -- At the crystal ball.
- ✧ What is a ducks favorite dance? -- The quackstep!
- ✧ How do hens dance? -- Chick to chick
- ✧ What sort of dance does a plumber do? -- A tap dance!
- ✧ What kind of dance do buns do? -- Abundance.

source: <http://www.jokes4us.com/miscellaneousjokes/dancingjokes.html>

Breakout your Hawaiian shirts and muumuu's and join us on August 19th when we will return to the **Milford Town Hall** for a Hawaiian Luau Dance. Mr. Jonathan will be our DJ for the evening. While not confirmed, we do hope to have a West Coast Swing formation team performing during the break.

Currently there is not a lesson scheduled but we are still hopeful, so check the website for any updates. If we do not have a lesson, we will plan to start the dancing at 7:00 and finish up by 10:30 to allow the clean-up crew to be out before 11:00 PM.

Enjoy the beautiful weather and hope to see you at the next dance.

Questions, comments, suggestions — reply at [jjcarbonello@gmail.com](mailto:jjcarbonello@gmail.com)



*Krystal Ballroom of Salem NH showcasing a cabaret style Quickstep at the July 15th NHABDA Beach Party at Milford NH*

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## From The Outreach Group

The Outreach Group is still on summer hiatus. They will take July and August off and return on September 10th they will perform at Laurel Place in Hudson, NH. Joyce Wilson, the outreach coordinator, is planning a summer get together for the Outreach group in August.

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## "NHABDA Trivia"

This Brazilian dance of the 60s that combined samba & jazz means 'new trend.'

(answer below)

## 2017 NHABDA Board of Directors

### PRESIDENT

Eileen Morin  
603-434-0683

### VICE PRESIDENT

Diane Nine  
603-472-4766

### TREASURER

Robert (Buzz) Nine  
603-472-4766

### SECRETARY

Kathy Carbonello  
603-434-0632

Brad Alderfer  
603-661-1021

### — COMMITTEES —

#### CLEAN-UP

Ginette Lawrence  
603-889-5214

Anthony (Tony) Bolduc  
603-889-5214

John Carbonello  
603-434-0632

#### DANCE SET-UP & DECORATIONS

Virgie Beacom  
603-921-1266  
Arleen Potter  
603-432-6679

#### MEMBERSHIP

Art & Fran Deleault  
603-669-6914

#### OUTREACH

Joyce Wilson  
603-384-1275

#### MUSIC, SHOWCASE & LESSONS

Donna Green  
603-974-0758

#### SINGLES

Arleen Potter  
603-432-6679

#### SCHOLARSHIP

open

#### FOOTNOTES

Rene van Oosten  
815-782-0605  
Joe Hannaford  
603-472-2823

#### WEBMASTER

Keith Johnson  
603-529-7094

## 2017 Application for NHABDA Membership

New Hampshire Amateur Ballroom Dancers Association

PLEASE PRINT

I wish to be a member of NHABDA. I am an amateur dancer and receive no income from ballroom dance shows, lessons, or competitions.

NAME (1)

NAME (2)

STREET

TOWN/CITY

STATE

ZIP CODE

TELEPHONE

E-MAIL

STUDIO AFFILIATION(S) (LIST ALL)

Membership dues are \$20.00 per person, per calendar year and are tax deductible. Please make your check payable to **NHABDA** and mail with this form to: *Eileen Morin, President, 24 Apple Blossom Dr., Londonderry, NH 03053.*

I would like to help our organization by:

- Volunteering to help set up or tear down on dance nights  
 Joining the Board of Directors  
 Becoming a committee member or chairperson  Other:

### Dance Personas, and How to Deal With Them

We encounter some or all of them at every social. We may try to avoid them, but odds are, we'll dance with them sooner or later. So, how do we make the best of it?

#### Timid Timothy

These dancers second-guess every lead and follow, causing leads that are weak, and their frames collapse and they barely seem to dance with you. If you're the follower, and you don't get a strong lead, DON'T DO ANYTHING forcing them to lead you more strongly, if they want to you to move.

#### Hulking Harry

They use brute-strength to push you through moves, risking an injury in the process. Up to a point, both sides can be managed by gritting your teeth and adding some muscle tension to protect your joints. If they are really overpowering however, let them know.

#### Showoff Sally

They look awesome, pulling off cool styling moves, sexy shimmies, and extreme arm styling. The problem? They've completely ignored you in the process. Followers can simply stop and watch the show, until their partner realizes they're neglecting you. A wise leader can simply compliment his follower's showmanship by playing down his own styling.

#### Critiquing Christine

They feel the need to play a judge on Dancing With the Stars and correct YOUR technique. Shelve your ego! Your partner is covering up their insecurities by trying to appear as a dance expert, they will only put up resistance if you tear down their mask. Simply smile, thank them, then leave.

#### Sexual Harris

They hold you too close for the whole dance and count yourself lucky if they keep their hands in respectable places. Ask that they keep more distance, be more careful with their hands, etc. If they cross the line again, thank them and walk away. No dance is worth being taken advantage of.

Author: Ian Crewe, <http://dancecompreview.com/dance-personas-deal/>

# June Outreach — Bedford Falls, Bedford, NH



Photos by Joe Hannaford



Photo by Edziu Sentkowski



**“NHABDA Trivia Answer”**  
The Bossa Nova

## More Places to Dance!

### IN NEW HAMPSHIRE

**Fitness Ballroom** Hampton Falls, NH. Antonio Cassetta owner. Call 1-888-704-4348 or visit [www.fitnessballroom.com](http://www.fitnessballroom.com) for info.

#### Get-in-Step Ballroom Dance Lessons

– Betty Ashooh, Bedford & Derry, NH.

603-716-6791 or go to

[www.getinstep.biz](http://www.getinstep.biz)

#### Keene Fusion Studios

603-358-0405, 9 Elm St. Keene, NH. Offering Ballroom, Latin, and Swing dance classes as well as Pilates, Zumba and other wellness classes. [www.keenefusionstudios.com](http://www.keenefusionstudios.com)

#### Krystal Ballroom Dance Studio

352 S. Broadway, (Rte. 28) Salem, NH

For more info. call 603-870-9350 or go to [www.krystalballroom.com](http://www.krystalballroom.com)

#### Let's Dance Studio – Michelle Johnson

603-228-2800 5 North Main St., Concord, NH.

Group lessons, performance classes, line dancing, Zumba offered. Burlesque is back! Free Thurs. night practice sessions & dance parties 8-10pm. May Ball on 5/20 - "Spring Bling"

For more info go to [www.letsdancen.com](http://www.letsdancen.com)

#### Arthur Murray Dance Studio

603-624-6857 99 Elm Street, Manchester, NH.

Saturdays, 7-11pm, \$8. pp members, \$10.

others. DJ, free refreshments. 3,000 s.f. dance floor. [www.arthurmurrayboston.com](http://www.arthurmurrayboston.com)

#### Newport's "Secret" Ballroom

Natalie Mavor

Miles 603-863-2222, 35 Main St., 3rd flr.,

Newport, NH. [www.thenewportballroom.com](http://www.thenewportballroom.com)

#### Paper Moon Dance Center

33 Depot St., Merrimack, NH. 2,400 SF floor. General info.

go to [www.papermoondance.com](http://www.papermoondance.com) or call

603-943-1106.

#### Portsmouth Ballroom Dance Studio

603-433-2009 Portsmouth, NH

[www.portsmouthballroomdancestudio.com](http://www.portsmouthballroomdancestudio.com)

#### Purity Springs Resort

800-373-3754 E. Madison, NH. For info. call

978-304-1064, e-mail: [pauledemers@comcast.net](mailto:pauledemers@comcast.net),

or go to [www.purityspring.com](http://www.purityspring.com)

#### Rockingham Ballroom

603-659-4410

Newmarket, NH Ballroom every Sat. 7:30-

11pm, live band, \$14pp. Country line dancing

1st & 3rd Fridays every month. For more info

go to [www.the-rockinghamballroom.com](http://www.the-rockinghamballroom.com)

#### Royal Palace Dance Studio

The Willow Tree Plaza 575 S. Willow St., Manchester, NH.

Unlimited parking. Group dance classes open

5 nights a week to the public. Dance private

lessons & Practice Parties bookable in advance.

Call 603-621-9119

E-mail: [info@royalpalacedance.com](mailto:info@royalpalacedance.com)

[www.RoyalPalaceDance.com](http://www.RoyalPalaceDance.com)

#### Seacoast Ballroom

603-502-3267

The Harborside/Portsmouth, NH.

[www.seacoastballroom.com](http://www.seacoastballroom.com)

#### Wentworth Connections

603-430-0070

Sun. afternoon ballroom dances for folks 50 or

better. 11:30-4:00pm, lunch, cash bar, \$14.

members, \$20. non-members. RSVP.

### IN MASSACHUSETTS

#### Baldassari Ballroom

508-668-4494

K of C Hall, 572 Nichols St., Norwood, MA. Sundays

6-9:30pm Gen. dancing to recorded music. \$12 pp.

[baldassari@earthlink.net](mailto:baldassari@earthlink.net)

[www.SundayDance.tripod.com](http://www.SundayDance.tripod.com)

#### Tina LaFlam's Dance Studio

28 Burnham St.,

Gloucester, MA 978-283-8758. e-mail:

[laurie@gienaplaw.com](mailto:laurie@gienaplaw.com) or go to

[www.misstinasdancestudios.com](http://www.misstinasdancestudios.com) for info.

#### MASSABDA

[www.massabda.org](http://www.massabda.org)

#### Moseley's Ballroom

617-326-3075

Dedham, MA

#### Dan Radler: Ballroom & Latin Dance Center of

New England lessons for all levels and monthly

dance parties. Call 617-455-5500 or go to

[www.BallroomDance.net](http://www.BallroomDance.net)

#### 'Steppin' Out' Ballroom Dance Studio

978-452-1111 1201 Westford Street, Lowell,

MA (Exit 32 off Rte. 3) Dances each month.

\$10. pp. Free refreshments.

[www.steppinoutdance-lowell.com](http://www.steppinoutdance-lowell.com)

### IN MAINE

#### Gotta Dance

207-773-3558 Portland, ME

#### Maine Ballroom

207-233-5890 614

Congress St., Portland, ME e-mail:

[debmbd@comcast.net](mailto:debmbd@comcast.net)

[www.maineballroomdancing.com](http://www.maineballroomdancing.com)

#### Maplewood Dance Center

207-878-0584

383 Warren Ave., Portland, ME. E-mail:

[themaple@maine.rr.com](mailto:themaple@maine.rr.com) or go to

[www.maplewooddancecenter.com](http://www.maplewooddancecenter.com)

### IN RHODE ISLAND

#### Friends of Ballroom Dancing (FOBD)

401-847-2980 253 East Main Road,

Portsmouth, RI. e-mail: [SkipFOBD@cox.net](mailto:SkipFOBD@cox.net)

*NHABDA does not sponsor or sanction events or locations listed here. We print this info. only as a service to our members.*

#### **Singles are always welcome at NHABDA dances!**

Dance hosts usually provided.

If interested in hosting, contact Arleen Potter at 603-432-6679.

## Save these dates!

Hoping to book showcases and lessons for every dance!

# 2017

## NHABDA Schedule

**Sept. 16** Pinkerton

**Oct. 21** Pinkerton

**Nov. 18** Pinkerton

### Donations Accepted

NHABDA welcomes donations of gift certificates or other items of value to be used as door prizes at our monthly dances. Please contact Eileen Morin at 603-434-0683.

From the NHABDA Board:  
**Thank you to everyone who helps us clean up after each dance!**

### Attention Everyone!

*Footnotes* is a benefit that comes with a current, paid membership to NHABDA. If someone you know should be receiving *Footnotes* or would like to join NHABDA, please contact Eileen Morin at 603-434-0683 with their name and address. If you have ideas, features, or information that should be included in *Footnotes*, contact Joe Hannaford at 603-472-2823, e-mail to [hannaforddesign@comcast.net](mailto:hannaforddesign@comcast.net)

### Advertising in Footnotes

1/8 page \$20.00 per issue

1/4 page \$35.00 per issue

1/2 page \$60.00 per issue

Full page \$100.00 per issue

Discounts on multiple insertions. Contact Joe Hannaford, 603-472-2823, or [hannaforddesign@comcast.net](mailto:hannaforddesign@comcast.net) for advertising information. *Footnotes* has a circulation of approximately 200 households and is also available online.

*Footnotes* is published 10 times a year and is sent free to members and associate members of NHABDA.



**NHABDA**

6 Hickory Lane, Bedford, NH 03110

[www.NHABDA.com](http://www.NHABDA.com)

ADDRESS SERVICE REQUESTED

**TIME SENSITIVE MATERIAL!**

## *June Lesson and Showcase*



Krystal Ballroom of Salem NH



Laura Mailander teaching a perky Foxtrot combination.

