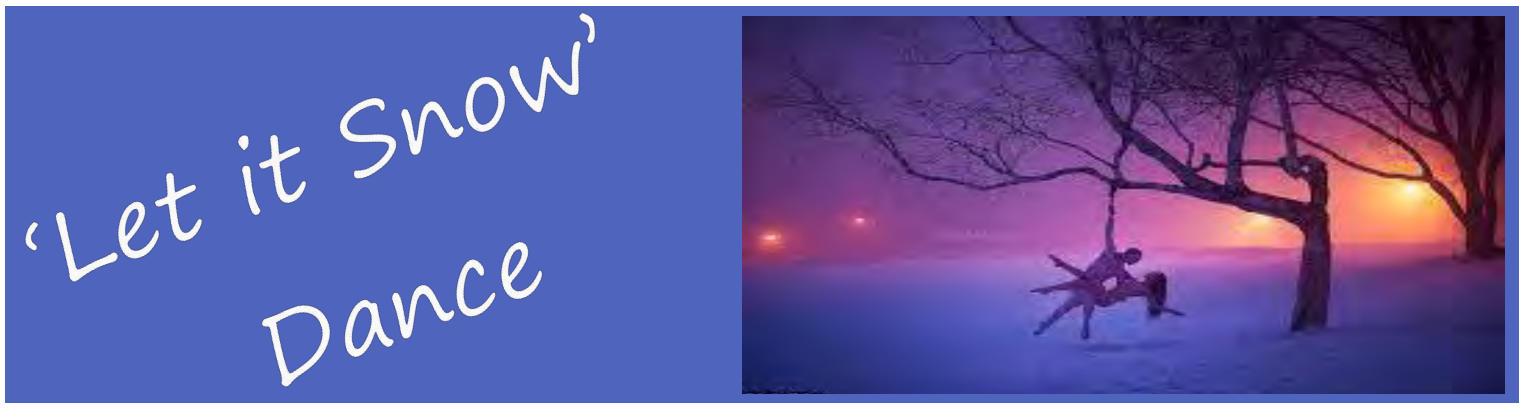




FOOTNOTES



SATURDAY, JANUARY 20, 2018

Shepard Auditorium, Pinkerton Academy, Derry, NH

Please make reservations by 7:00 pm on Thursday, Jan 18th!

Route 93 to Exit 5. Go south on Rt. 28 to traffic lights at Hood Plaza. Turn left onto Tsiennetto Rd. and take first right onto Pinkerton Rd. The school is on the left about a half mile down.

– OR –

Take Route 93 to Exit 4. Go east on Rt. 102 (Broadway) through Derry, past golf course on the right, to rotary. Go 3/4 around rotary onto Rt. 28 Bypass north. Pinkerton is on left.

- 6:45 – 7:30 pm **West coast Swing Lesson by Mr Jonathan and Debbie Monk**
- 8:45 pm **Showcase by Mr Jonathan and Debbie Monk**
- 7:30 – 11:00 pm **General Dancing to Mr Jonathan, DJ**

Bottled water available. Complimentary ice, coffee and desserts. You may bring your own beverages and snacks, however alcohol and smoking are not allowed.

E-mail Betty Ashooh at getinstep@comcast.net OR call **603-716-6791**. and include date of dance, names of all attending and seating preferences.

Admission: \$12. for current NHABDA members, \$17. for non-members (Annual dues are only \$20.)
Late reservations and admissions at the door: \$2.00 additional.



Singles are always welcome at NHABDA dances!
Dance hosts usually provided.
If interested in hosting, contact Arleen Potter at 603-432-6679.

NOTES FROM THE NHABDA PRESIDENT

by Eileen Morin

Greetings Friends of NHABDA, Happy New Year!

Hope you all had an enjoyable holiday season and are ready for 2018.

Looking back on 2017, it was an amazing year for our organization. We grew our membership, held two successful dance seminars, and numerous well attended monthly dances. Our Outreach group was very active, and we wrapped up the year with our annual Giving Thanks dance and our first annual Holiday Gala.

As most of you know, NHABDA was approached by the "Dancing Travelers" and asked if we would sponsor a holiday party last year. As luck would have it, the Radisson had the date available, and all fell into place. Six weeks later, NHABDA held its first annual Holiday GALA. We were overwhelmed by the response from the dancing community, and our event ended up with close to 200 attendees from all over New England. Our DJ's, Chris & Devin Ulbrich, played some fabulous music and kept us dancing until the very end. There were wonderful performances that included Grand Monadnock Ballroom of Swanzey, Leah's Chica's from Manchester, Let's Dance Studio of Concord and Krystal Ballroom of Salem.

All of the feedback has been very positive, so we hope to host another Holiday Gala in December.

Thanks to all who helped, including Virgie and her crew for decorations, Rene Van Oosten, Irene Labrie and Cindy Acorace for advertising, the reception crew, the cake servers, our DJ's and all of our performers.

Remember, you don't have to be a board member to help on a committee!

A Dance host's job is to quickstep through the night with any single ladies in need of a dance partner. These carefully selected gents are a welcome fixture at dances. Dancers need to feel that hosts are there for them, to entertain them, inspire them, and help them learn something.

Thanks to our Dance Hosts for serving in this role during the "Giving Thanks Dance".

From the NHABDA Board:
**Thank you to everyone who helps
us clean up after each dance!**

"NHABDA Trivia"

Which set of vigorous Italian folk dances get their name from the fact that performers resemble the victims of the bite of a venomous spider? (answer below)

At our Giving Thanks dance in November, we held our annual food drive to benefit the NH Food Bank. The collection bins and baskets were overflowing. Thanks to all who brought non-perishable food and toiletries or made monetary donations to the NH Food Bank. You collectively donated 181 pounds of food and \$88 which amounts to approximately 327 meals for the hungry. Many thanks to Virgie Beacom for arranging delivery of the donations.

We had a great turnout with a lively crowd dancing to an enjoyable selection of music by Mr. Jonathan, DJ. Our pre-dance lesson was a Salsa, taught by Susanne Weaver. During the break, Melissa Ramsdell danced a solo salsa/bachata combination which showcased salsa styling for lady's. Both Susanne (AKA Suzie Q) and Melissa are from Leah's Chica's in Manchester.

In November, we also held elections for the 2018 NHABDA Board of Directors, as part of a general meeting. The slate was presented with additional nomination of two members from the floor. All candidates were unanimously voted in. Our Annual Board meeting is planned for January 6, when we will vote in officers for 2018.

Board members with terms expiring in 2018 and 2019 are: **Eileen Morin, Joyce Wilson, Arleen Potter, Ginette Lawrence, Tony Bolduc, Virgie Beacom, Art Deleault and Fran Deleault.** Continuing on the Board with terms ending in 2020 are: **John Carbonello, Kathy Carbonello & Brad Alderfer.** We are pleased to welcome our newest Board members with terms also expiring in 2020: **Michael Morin & Susie Dao.**

Questions, comments, suggestions — reply at memorin@comcast.net

From The Outreach Group

The *Outreach group* danced at **The Arbors of Bedford** on Sunday, 12 Nov 2017 to an audience of over 40 energetic residents, guest and staff. There were 7 couples who danced Waltz's, Cha Cha's, Rumba etc.

When it came time for the residents to dance with the Outreach group, most of them wanted to dance with Joe Hannaford. Joe works at The Arbors in the Activities Dept. so all of the residents know him, so I had to play the song over again to allow everyone who wanted dance with Joe, to do so. They all had a wonderful time.

On December 3rd, 6 couples from the *Outreach group* danced at **Mt Carmel Rehab in Manchester** to an audience of 38 residents, staff and visitors. They all had a good time and many got up and danced with our dancers. They were also treated to a surprise visit from Santa and Mrs. Claus (Joe and Cheryl Hannaford).

Our next nursing home is **Bedford Nursing & Rehab, 480 Donald street, Bedford, on Sunday, January 14th.** This will be our first time dancing at this facility.

NOTES FROM THE NHABDA PRESIDENT - continued

Heartfelt thanks to all our Board members, committee members and volunteers who works so hard behind the scenes. We are currently planning next years' activities and will update the website when details are finalized. Please be sure to check the website for the most up to date information regarding lessons, showcases, and our outreach group, as well as for dance cancellations in case of inclement weather.

We will be holding our next dance "Let it Snow" on January 20th at Pinkerton Academy. Mr. Jonathan will be providing the music and Debbie Monk, along with Mr. Jonathan will be teaching a West Coast Swing lesson and performing the showcase for us.

If you have not yet done so, it is time to renew your NHABDA Membership for 2018. If you did not receive an application by e-mail you can find one online, in the footnotes, or at one of our monthly dances. Members enjoy discounted admission to NHABDA events as well as receiving 10 issues of Footnotes.

Hope you will join us in January and throughout the New Year.

Warm Regards,
Eileen Morin



Board of Directors 2018

November Outreach --The Arbors of Bedford, Bedford, NH



Photos by Joe Hannaford



Photo by Barbara Salvatore



December Outreach --Mt Carmel Rehab, Manchester, NH



Photos by Joe Hannaford



NHABDA TRIVIA ANSWER:
The tarantella



Photo by Barbara Salvatore

2017 NHABDA Board of Directors

PRESIDENT

Eileen Morin
603-434-0683

VICE PRESIDENT

Diane Nine
603-472-4766

TREASURER

Robert (Buzz) Nine
603-472-4766

SECRETARY

Kathy Carbonello
603-434-0632

Brad Alderfer
603-661-1021

— COMMITTEES —

CLEAN-UP

Ginette Lawrence
603-889-5214
Anthony (Tony) Bolduc
603-889-5214
John Carbonello
603-434-0632

DANCE SET-UP & DECORATIONS

Virgie Beacom
603-921-1266
Arleen Potter
603-432-6679

MEMBERSHIP

Art & Fran Deleault
603-669-6914

OUTREACH

Joyce Wilson
603-384-1275

MUSIC, SHOWCASE & LESSONS

Donna Green
603-974-0758

SINGLES

Arleen Potter
603-432-6679

SCHOLARSHIP

open

FOOTNOTES

Rene van Oosten
815-782-0605

WEBMASTER

Keith Johnson
603-529-7094

2017 Application for NHABDA Membership

New Hampshire Amateur Ballroom Dancers Association

PLEASE PRINT

I wish to be a member of NHABDA. I am an amateur dancer and receive no income from ballroom dance shows, lessons, or competitions.

NAME (1)

NAME (2)

STREET

TOWN/CITY

STATE

ZIP CODE

TELEPHONE

E-MAIL

STUDIO AFFILIATION(S) (LIST ALL)

Membership dues are \$20.00 per person, per calendar year and are tax deductible. Please make your check payable to **NHABDA** and mail with this form to: *Eileen Morin, President, 24 Apple Blossom Dr., Londonderry, NH 03053.*

I would like to help our organization by:

- Volunteering to help set up or tear down on dance nights
 Joining the Board of Directors
 Becoming a committee member or chairperson Other:

Top Reasons Why You Should Consider Ballroom For Your Child

The ideal age to begin studying dance styles with more complexity starts at 7 or 8 years, since the child who reads and writes is better prepared for understanding.

Dancing helps children concentrate, improves their learning abilities and strengthens their cognitive abilities. Also, as an outcome, children behave better.

Dance practice takes discipline and determination that will allow a child to build a strong character.

Dance is a form of artistic communication and expression of emotions, feelings, thoughts, images, and moods of the human being. It is also a means to entertain, have fun and enjoy with rhythmic movements of the body. For these reasons it is an extremely beneficial activity for children by satisfying their need for expression and creation, through the knowledge of their own body, helping them to discover the multiple capacities of movement that they possess.

Usually, children lack rhythm, balance, and are not particularly aware of their bodies, but it is very important to recognize that dance sport can help them develop physical skills that keep them healthy.

One of the most important aspects of preparing a young dancer in whatever style, comes from the quality of food. We can safely say that a good career is born at a dinner table. The nutrition must be calibrated, exactly taking into account the dance style, the duration, and intensity of training.

Also, dancing improves your fitness level just like any other type of exercise, this usually means children grow strong and healthy because they lead an active life. It's a great way to burn calories in a fun way and while improving stamina.

No matter who you are, what age you are, dance sport can change your life for the better. Give it a try! And if you are a parent, encourage your kid to pursue this activity since it will only offer immense satisfaction!

More Places to Dance!

IN NEW HAMPSHIRE

Fitness Ballroom

Hampton Falls, NH. Antonio Cassetta owner.
Call 1-888-704-4348 or visit
www.fitnessballroom.com for info.

Get-in-Step Ballroom Dance Lessons

Betty Ashooh, Bedford & Derry, NH.
603-716-6791 or www.getinstep.biz

Keene Fusion Studios

603-358-0405, Keene, NH. Ballroom, Latin,
and Swing dance classes as well as Pilates and
Zumba. www.keenefusionstudios.com

Krystal Ballroom Dance Studio

352 S. Broadway, (Rte. 28) Salem, NH
For more info. call 603-870-9350 or go to
www.krystalballroom.com

Let's Dance Studio

Michelle Johnson, 603-228-2800, Concord,
NH. Group lessons, performance classes,
line dancing, and Zumba. Free Thurs. night
practice sessions & dance parties 8-10pm.

For more info go to www.letsdancen.com
Dec 2nd Great Gatsby Ball.

Arthur Murray Dance Studio

603-624-6857 99 Elm Street, Manchester, NH.
Saturdays, 7-11pm. DJ, free refreshments.
3,000 s.f. dance floor.
www.arthurmurrayboston.com

Newport's "Secret" Ballroom

Natalie Mavor Miles, 603-863-2222, 35 Main
St., Newport, NH.
www.thenewportballroom.com

Paper Moon Dance Center

33 Depot St., Merrimack, NH. 2,400 SF floor.
More info. at www.papermoondance.com or
call 603-943-1106.

Portsmouth Ballroom Dance Studio

603-433-2009, Portsmouth, NH
www.portsmouthballroomdancestudio.com

Purity Springs Resort

800-373-3754 E. Madison, NH. For info. call
978-304-1064, e-mail: pauledemers@comcast.net, or go to www.purityspring.com

Rockingham Ballroom

603-659-4410 Newmarket, NH Ballroom every
Sat. 7:30-11pm, live band, Country line
dancing 1st & 3rd Fridays every month. For
info go to www.the-rockinghamballroom.com

Royal Palace Dance Studio

The Willow Tree Plaza S. Willow St.,
Manchester, NH. Group dance classes 5 nights
a week. Private lessons & Practice Parties
bookable in advance. Call 603-621-9119
E-mail: info@royalpalacedance.com
www.RoyalPalaceDance.com

Granite State Ballroom

33 Indian Rock rd. Windham, NH. 603-965-4227,
www.granitestateballroom.com
Friday Nights 7:00pm group class followed by
dancing 8-9:30PM, incl snacks.

Seacoast Ballroom

603-502-3267, The Harborside/Portsmouth, NH.
www.seacoastballroom.com

Wentworth Connections

603-430-0070, Sun. afternoon ballroom dances
for folks 50 or better. 11:30-4:00pm, lunch, cash
bar, \$14. members, \$20. non-members. RSVP.

The Salsa Studio,

22 Bridge Street, Manchester, NH, 978-767-2572
email: salsastudionh@gmail.com,
website: www.salsastudionh.com

Copacabana Salsa Night -

500 N Commercial St, Manchester, NH,
Wednesday 7:45-11PM Phone: (978) 233-1140

Dance Because

2626 Brown Ave, Manchester, NH, Phone: (913)
428-9928, dancebecause@gmail.com
<http://www.DanceBecause.com>

IN MASSACHUSETTS

Baldassari Ballroom

508-668-4494, 572 Nichols St., Norwood, MA.
Sundays 6-9:30pm Gen. dancing to recorded
music. baldassari@earthlink.net
www.SundayDance.tripod.com

Tina LaFlam's Dance Studio

28 Burnham St., Gloucester, MA 978-283-8758.
e-mail: laurie@gienaplaw.com or go to
www.misstinasdancestudios.com for info.

MASSABDA

www.massabda.org

Moseley's Ballroom

617-326-3075, Dedham, MA

Dan Radler: Ballroom & Latin Dance Center of New England

lessons for all levels and monthly dance parties.
Call 617-455-5500 or www.BallroomDance.net

'Steppin' Out' Ballroom Dance Studio

978-452-1111, Westford Street, Lowell, MA
Dances each month. Free refreshments.
www.steppinoutdance-lowell.com

Wonderland Ballroom

781-289-3080
1290 North Shore Road (Rte. 1A), Revere, MA

IN MAINE

Gotta Dance

207-773-3558 Portland, ME

Maplewood Dance Center

207-878-0584
383 Warren Ave., Portland, ME. E-mail:
themaple@maine.rr.com or go to
www.maplewooddancecenter.com

Maine Ballroom

207-233-5890, 614 Congress St. Portland, ME e-
mail: debmbd@comcast.net
www.maineballroomdancing.com

IN RHODE ISLAND

Friends of Ballroom Dancing (FOBD)

401-847-2980 253 East Main Road,
Portsmouth, RI. e-mail: SkipFOBD@cox.net

*NHABDA does not sponsor or sanction events
or locations listed here. We print this info. only
as a service to our members.*

SAVE THESE DATES!

Hoping to book showcases and
lessons for every dance!

NHABDA Schedule 2018

Feb. 17	Pinkerton
Mar. 17	Pinkerton
April 21	Pinkerton
May 19	Pinkerton
Sept. 22	Pinkerton
Oct. 20	Pinkerton
Nov. 17	Pinkerton

Donations Accepted

NHABDA welcomes donations of gift
certificates or other items of value to
be used as door prizes at our monthly
dances. Please contact Eileen Morin
at 603-434-0683.

Advertising in Footnotes

1/8 page	\$20.00 per issue
1/4 page	\$35.00 per issue
1/2 page	\$60.00 per issue
Full page	\$100.00 per issue

Discounts on multiple insertions.
Contact Rene van Oosten, 815-782-0605,
or dancewithme@protonmail.com for
advertising information. *Footnotes* has a
circulation of approximately 200
households and is also available online.

Attention Everyone!

Footnotes is a benefit that comes with a
current, paid membership to NHABDA. If
someone you know should be receiving
Footnotes or would like to join NHABDA,
please contact Eileen Morin at 603-434-
0683 with their name and address.

If you have ideas, features, or info. that
should be included in *Footnotes*, contact
Rene van Oosten at 815-782-0605,
dancewithme@protonmail.com.

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a year and is sent free to
members and associate
members of NHABDA.



NHABDA

855 Hanover street, App 429,
Manchester, NH 03104

www.NHABDA.com

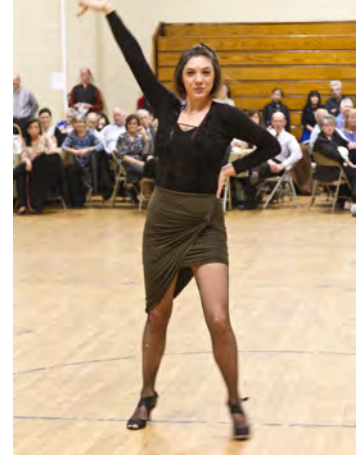
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TIME SENSITIVE MATERIAL!



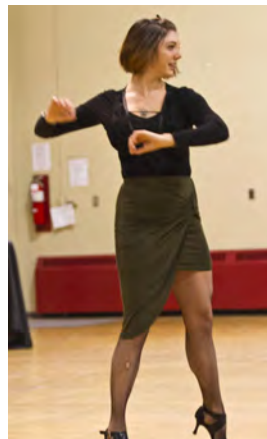
November Lesson and Showcase



Leah's Chica's Showcase



Lesson by Leah's Chica's



Photos by Joe Hannaford