



FOOTNOTES



SATURDAY, MARCH 17, 2018

Shepard Auditorium, Pinkerton Academy, Derry, NH

Please make reservations by 7:00 pm on Thursday, March 15th!

Route 93 to Exit 5. Go south on Rt. 28 to traffic lights at Hood Plaza. Turn left onto Tsiennetto Rd. and take first right onto Pinkerton Rd. The school is on the left about a half mile down.

– OR –

Take Route 93 to Exit 4. Go east on Rt. 102 (Broadway) through Derry, past golf course on the right, to rotary. Go 3/4 around rotary onto Rt. 28 Bypass north. Pinkerton is on left.

- 6:45 – 7:30 pm Lesson to be confirmed**
- 8:45 pm Showcase to be confirmed**
- 7:30 – 11:00 pm Chris and Devin Ulbrich**

Bottled water available. Complimentary ice, coffee and desserts. You may bring your own beverages and snacks, however alcohol and smoking are not allowed.

E-mail Betty Ashooh at getinstep@comcast.net OR call **603-716-6791**. and include date of dance, names of all attending and seating preferences.

Admission: \$12. for current NHABDA members, \$17. for non-members (Annual dues are only \$20.)

Late reservations and admissions at the door: \$2.00 additional.

Singles are always welcome at NHABDA dances!
Dance hosts usually provided.
If interested in hosting, contact Arleen Potter at 603-432-6679.



From the NHABDA Board:
Thank you to everyone who helps us clean up after each dance!

NOTES FROM THE NHABDA BOARD

by John Carbonello

On the Saturday following Valentine's Day, NHABDA fittingly hosted a Sweetheart Dance. There was a large energetic crowd dancing to music provided by Mr. Jonathan. Maria Huard from Paper Moon Dance Studio in Merrimack presented a fun Samba pattern. NHABDA graciously, thanks them both.

Paper Moon always entertains with their student's showcases and this time was no exception. First the youth formation group danced a catchy cha-cha/hip hop combo to "You Ought to Be Me." They lit up the floor with both their costumes and their routine. For the second number, dancing a tango to the music of "Phantom of the Opera", Ray Huard and Sara Bishop executed the complex steps and style of ballroom Tango. The final group, dressed in black and white and sporting black berets, danced in character to a lively "Beatnik Swing".

Thankfully the snow held off until the showcases concluded. However as the snow became more heavy the crowd slowly dissipated.

Please save the date for our next dance "The Emerald Ball" which coincides with St Patrick's Day this year, March 17 at Pinkerton in Derry NH. Music will be provided by Chris and Devin Ulbrich. More info on the lesson/ showcase will be available on the website.

We are planning another Seminar with Norman Thibeault of Fred Astaire Studios (Worcester) in Early April. Stay tuned for more details.

Remember, you don't have to be a board member to help on a committee!

Thanks to our dance hosts for the evening: Bob Collins, Bob Williams and Larry Rumbaugh and to everyone who brought food to share. Thanks also to the Hannaford's, the Dao's and the Sanchione's for donating door prizes.

From The Outreach Group

On Sunday, February 11th, 6 couples from the Outreach group danced to an audience of almost 30 residents, staff and visitors at The Courville of Manchester, 44 West Webster Street in Manchester. They sang along with the music when we played the Beer Barrel Polka when we danced the Polka Line Dance. Most of them clapped when the dancers were performing. One resident loved the choice of music as it brought back fond memories.

The next Outreach event will be on **Sunday, March 11th at The Evergreen Place, 813 Beech Street, Manchester.**



Paper Moon
Dance Studio

We would now like to share with you this letter received from Ron Blankenstein, who used to be a local dance instructor.

A Story of Heartbreak and of Hope!

Val and TC Morgan, of Concord, NH, are friends of ours and fellow dancers. They took many classes with me while I taught at Concord Community Education for Queen City Ballroom, and were on several performance teams when we did showcases at QCB. They were also members of NHABDA and of our community of dance friends.

In August of 2017, Val Morgan had a terrible accident in her home. She fell down a flight of stairs and broke her neck in several places, along with other bones and injuries. This left her paralyzed from the chest down, with very little upper mobility. She has made great strides since her accident through rehabilitation, and has recently been able to transition home, once structural modifications, some temporary due to winter conditions, were completed to accommodate her wheelchair. Additional renovations will be needed in the coming months. Val will also need a handicap accessible vehicle for her numerous trips back and forth for Doctor's visits and additional rehabilitation.

Tragedy can happen to anyone at any time. We can all understand how devastating an accident such as this can be. The overwhelming emotional, physical, and financial challenges can be daunting. That is why we are asking for your support!

A GoFundMe page has been established <https://www.gofundme.com/val-morgans-medial-fund> with a goal of \$30,000, which doesn't begin to cover all of the necessary expenses. To date, over \$5,200 has been raised! While this amount is wonderful... there is still a long way to go and Val could really use your support!

NHABDA has generously agreed to make a donation. They will also hold a 50/50 raffle at their March dance to raise additional funds and help spread the word about Val's needs to our greater NH dance community. We would appreciate any individual support you may be able to offer to help Val meet the significant financial costs to support her mobility needs. Please spread the word and donate!

*Sincerely,
Ron and Beth Blankenstein*

As mentioned in the letter –We plan to hold a 50/50 Raffle at the Emerald Ball in March to benefit the fund for Val. We hope to see you there.

Questions, comments, suggestions — reply at jjcarbonello@gmail.com

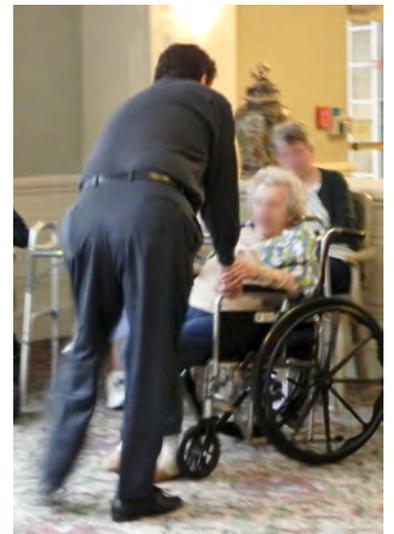
February Outreach--The Courville of Manchester, NH

Photos by Joyce Wilson



"NHABDA Trivia"

What was the little jig that the late president Nelson Mandela loved to perform dubbed? (answer below)



2018 NHABDA Board of Directors

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603-434-0683

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603-432-6679

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603-767-0351

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John Carbonello
603-434-0632

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603-432-6679
Michael Morin
603-785-9713
Joe Ireland
603-860-3877

MEMBERSHIP

Art & Fran Deleault
603-669-6914

OUTREACH

Joyce Wilson
603-384-1275

MUSIC, SHOWCASE & LESSONS

Open

SINGLES

Arleen Potter
603-432-6679

SCHOLARSHIP

Open

FOOTNOTES

Rene van Oosten
815-782-0605

WEBMASTER

Keith Johnson
603-529-7094

2018 Application for NHABDA Membership

New Hampshire Amateur Ballroom Dancers Association

I wish to be a member of NHABDA. I am an amateur dancer and receive no income from ballroom dance shows, lessons, or competitions.

Name (1)

Name (2)

Street

City

State

Zip

Telephone

Email

Studio Affiliations (list all)

Membership dues are \$20.00, per person, per calendar year and are tax deductible.

Please make check payable to **NHABDA** and mail with this form to: *Eileen Morin, President, 24 Apple Blossom Dr., Londonderry, NH 03053*

I would like to help your organization by:

- Volunteering to help set up or tear down on dance nights
 Joining the board of directors
 Becoming a committee member or chairperson Other

Are your shoes a bit too tight?

- Put plastic bags with water in the toe of each shoe, and freeze the shoes with the bags in them. As the water freezes, it will expand in the bag and will stretch the shoe.
- Spray rubbing alcohol on the inside of the parts of the shoe that are a bit uncomfortable. The alcohol will soften the shoe without damaging it and the shoe will stretch to fit your foot as you wear them.
- Heat the inside of the shoe with a hair dryer before wearing. Wear them for a few minutes with thick wool socks. The heat and the pressure of the socks will help the shoes to stretch quickly.

Are your favorite shoes getting a bit smelly?

- Put dry tea bags in the toes of your shoes right after wearing them. The tea bags will absorb odor.
- If you practice hard every day, alternate your shoes every day to ensure that they have time to dry out properly. This may also prevent some blisters.
- If your shoes are not getting smelly, but are down right stinky already, put them in a plastic bag and put that bag with the shoes in the freezer. The cold will kill the germs that cause odor.



NHABDA deejay Mr. Jonathan and his wife Debby Monk are on tour for the first time in their marriage. This video is similar to the "live dress rehearsal" that they performed for us at our January dance. Enjoy it again on YouTube. <https://youtu.be/u76tR9k7cnU>

More Places to Dance!

IN NEW HAMPSHIRE

Fitness Ballroom

Hampton Falls, NH. Antonio Cassetta owner.
Call 1-888-704-4348 or visit
www.fitnessballroom.com for info.

Get-in-Step Ballroom Dance Lessons

Betty Ashooh, Bedford & Derry, NH.
603-716-6791 or www.getinstep.biz

Keene Fusion Studios

603-358-0405, Keene, NH. Ballroom, Latin,
and Swing dance classes as well as Pilates and
Zumba. www.keenefusionstudios.com

Krystal Ballroom Dance Studio

352 S. Broadway, (Rte. 28) Salem, NH
For more info. call 603-870-9350 or go to
www.krystalballroom.com

Let's Dance Studio

Michelle Johnson, 603-228-2800, Concord,
NH. Group lessons, performance classes,
line dancing, and Zumba. Free Thurs. night
practice sessions & dance parties 8-10pm.
For more info go to www.letsdancen.com
Dec 2nd Great Gatsby Ball.

Arthur Murray Dance Studio

603-624-6857 99 Elm Street, Manchester, NH.
Saturdays, 7-11pm. DJ, free refreshments.
3,000 s.f. dance floor.
www.arthurmurrayboston.com

Newport's "Secret" Ballroom

Natalie Mavor Miles, 603-863-2222, 35 Main
St., Newport, NH.
www.thenewportballroom.com

Paper Moon Dance Center

33 Depot St., Merrimack, NH. 2,400 SF floor.
More info. at www.papermoondance.com or
call 603-943-1106.

Portsmouth Ballroom Dance Studio

603-433-2009, Portsmouth, NH
www.portsmouthballroomdancestudio.com

Purity Springs Resort

800-373-3754 E. Madison, NH. For info. call
978-304-1064, e-mail: pauledemers@comcast.net, or go to www.purityspring.com

Rockingham Ballroom

603-659-4410 Newmarket, NH Ballroom every
Sat. 7:30-11pm, live band, Country line
dancing 1st & 3rd Fridays every month. For
info go to www.the-rockinghamballroom.com

Royal Palace Dance Studio

The Willow Tree Plaza S. Willow St.,
Manchester, NH. Group dance classes 5 nights
a week. Private lessons bookable in advance.
Call 603-621-9119
E-mail: info@royalpalacedance.com

www.RoyalPalaceDance.com

Granite State Ballroom

33 Indian Rock rd. Windham, NH. 603-965-4227,
www.granitestateballroom.com
Friday Nights 7:00pm group class followed by
dancing 8-9:30PM, incl snacks.

Seacoast Ballroom

603-502-3267, The Harborside/Portsmouth, NH.
www.seacoastballroom.com

Wentworth Connections

603-430-0070, Sun. afternoon ballroom dances
for folks 50 or better. 11:30-4:00pm, lunch, cash
bar, \$14. members, \$20. non-members. RSVP.

The Salsa Studio,

22 Bridge Street, Manchester, NH, 978-767-2572
email: salsastudionh@gmail.com,
website: www.salsastudionh.com

Copacabana Salsa Night -

500 N Commercial St, Manchester, NH,
Wednesday 7:45-11PM Phone: (978) 233-1140

Dance Because

2626 Brown Ave, Manchester, NH, Phone: (913)
428-9928, dancebecause@gmail.com
<http://www.DanceBecause.com>

IN MASSACHUSETTS

Baldassari Ballroom

508-668-4494, 572 Nichols St., Norwood, MA.
Sundays 6-9:30pm Gen. dancing to recorded
music. baldassari@earthlink.net
www.SundayDance.tripod.com

Tina LaFlam's Dance Studio

28 Burnham St., Gloucester, MA 978-283-8758.
e-mail: laurie@gienaplaw.com or go to
www.misstinasdancestudios.com for info.

MASSABDA

www.massabda.org

Moseley's Ballroom

617-326-3075, Dedham, MA

Dan Radler: Ballroom & Latin Dance Center of New England

lessons for all levels and monthly dance parties.
Call 617-455-5500 or www.BallroomDance.net

'Steppin' Out' Ballroom Dance Studio

978-452-1111, Westford Street, Lowell, MA
Dances each month. Free refreshments.
www.steppinoutdance-lowell.com

Wonderland Ballroom

781-289-3080
1290 North Shore Road (Rte. 1A), Revere, MA

IN MAINE

Gotta Dance

207-773-3558 Portland, ME

Maplewood Dance Center

207-878-0584
383 Warren Ave., Portland, ME. E-mail:
themaple@maine.rr.com or go to
www.maplewooddancecenter.com

Maine Ballroom

207-233-5890, 614 Congress St. Portland, ME e-
mail: debmbd@comcast.net
www.maineballroomdancing.com

IN RHODE ISLAND

Friends of Ballroom Dancing (FOBD)

401-847-2980 253 East Main Road,
Portsmouth, RI. e-mail: SkipFOBD@cox.net

NHABDA TRIVIA ANSWER:
Madiba Shuffle

SAVE THESE DATES!

Hoping to book showcases and
lessons for every dance!

NHABDA Schedule 2018

Mar. 17 Pinkerton
April 21 Pinkerton
May 19 Pinkerton
Sept. 18 Pinkerton
Oct. 20 Pinkerton
Nov. 17 Pinkerton

Donations Accepted

NHABDA welcomes donations of gift
certificates or other items of value to
be used as door prizes at our monthly
dances. Please contact Eileen Morin
at 603-434-0683.

Advertising in Footnotes

1/8 page \$20.00 per issue
1/4 page \$35.00 per issue
1/2 page \$60.00 per issue
Full page \$100.00 per issue

Discounts on multiple insertions.
Contact Rene van Oosten, 815-782-0605,
or dancewithme@protonmail.com for
advertising information. *Footnotes* has a
circulation of approximately 200
households and is also available online.

Attention Everyone!

Footnotes is a benefit that comes with a
current, paid membership to NHABDA. If
someone you know should be receiving
Footnotes or would like to join NHABDA,
please contact Eileen Morin at 603-434-
0683 with their name and address.

If you have ideas, features, or info. that
should be included in *Footnotes*, contact
Rene van Oosten at 815-782-0605,
dancewithme@protonmail.com.

Footnotes is published 10 times a
year and is sent free to members
and associate members of NHABDA.

*NHABDA does not sponsor or sanction
events or locations listed here. We print this
info. only as a service to our members.*



NHABDA

855 Hanover street, App 429,
Manchester, NH 03104

www.NHABDA.com

ADDRESS SERVICE REQUESTED
TIME SENSITIVE MATERIAL!

February Lesson and Showcase



Photos by Joe Hannaford



Lesson and Showcase by
Paper Moon Dance Studio