



FOOTNOTES



SATURDAY,
SEPTEMBER 15, 2018

6:45 – 7:30 pm
Hustle Lesson
by Portsmouth Ballroom

8:45 pm
Showcase
by Portsmouth Ballroom

7:30 – 11:00 pm
General Dancing
with Devin Ulbrich, DJ

Please make reservations by 7:00 pm on Thursday, Sept 13th!

Shepard Auditorium, Pinkerton Academy, Derry, NH

Route 93 to Exit 5. Go south on Rt. 28 to traffic lights at Hood Plaza. Turn left onto Tsiennetto Rd. and take first right onto Pinkerton Rd. The school is on the left about a half mile down.

– OR –

Take Route 93 to Exit 4. Go east on Rt. 102 (Broadway) through Derry, past golf course on the right, to rotary.

Go 3/4 around rotary onto Rt. 28 Bypass north. Pinkerton is on left.



Bottled water available. Complimentary ice, coffee and desserts. You may bring your own beverages and snacks, however alcohol and smoking are not allowed.



E-mail Betty Ashooh at getinstep@comcast.net OR call 603-716-6791. and include date of dance, names of all attending and seating preferences.



From the NHABDA Board:
Thank you to everyone who helps us clean up after each dance!

Remember, you don't have to be a board member to help on a committee!
A special thanks to our dance hosts at the Beach Party Dance for leading in example!

Singles are always welcome at NHABDA dances!
Dance hosts usually provided.
If interested in hosting, contact Arleen Potter at 603-432-6679.

NOTES FROM THE NHABDA BOARD

Ballroom dancing at the beach has a long storied history. Hampton Beach Casino Ballroom opened in 1899. Fifty to sixty years ago it had the largest dance floor in New England, and 20,000 people danced there on a weekly basis. Old Orchard Beach had two ballrooms, The Casino, located at the end of the pier, was destroyed during blizzard of 1978 and The Palace, located on the beachfront, was razed in the 1960's and replaced with an amusement park.

Frank Sinatra, Benny Goodman, Luis Armstrong, Rudy Vallee and Duke Ellington among others played at these facilities. During the heyday of these venues couples could dance along the east coast, from Wonderland Ballroom in Revere, Ma. (until 1995), to the Lajolle Ballroom in Coral Gables, Florida .

At our Beach Party, **Roman and Jennifer of Lets Dance**, located in **Concord NH**, taught a **Rumba** pattern. The combination included a rumba box, offset break, offset Cuban walks to a reverse turn and finished with a fifth position break. Don't forget to close the fifth position break with a swoosh. Great combination of very doable moves.

During the break, **Ian and Karen Manchester** demonstrated their talents by dancing a **Rumba** which they choreographed themselves followed by **Roman and Jennifer** who performed a polished **Bolero**. Thanks for the contributions of all four dancers and for **Michelle Johnson**, the owner of **Let's Dance** for arranging this.

Mr. Jonathan provided a good selection of music and I asked him some questions about music selection. He explained that a particular dance requires the song to have both the correct timing and the correct number of beats per minute. Many songs accomplish this, but he only chooses selections that will get people out of their chairs.

The Milford town hall requires that we are out of the building by 11:00 so we ended our summer dances at 10:30. It worked out well for all, especially for those who stay to clean and pack up at the end of the dance, including the DJ. We did not have any negative feedback and the Board has discussed doing this on a permanent basis beginning next year. Lessons would still begin at 6:45 with dancing from 7:30-10:30.

We received many positive comments about our Beach Party. During the night people complemented the venue, Mr. Jonathan's music, the dance floor and how the dance ran in general.

We always appreciate your comments, good or bad, and we would love to hear your suggestions. It helps the Board make decisions and plan future programming. So feel free to let someone on the board know how things are going.

NHABDA QUIZ:

What's the best dance to pair with chips?

Answer Below:

We hope you will join us for our **"Homecoming" Dance** on **Saturday September 15**, as we return to **Pinkerton Academy in Derry**. Dress in your school colors, school logo or come dressed in your favorite old high school or college game jersey. Casual dress is encouraged as Pinkerton can be warm in September.

Devin Ulbrich will be providing the music and **Portsmouth Ballroom** will be teaching a **Hustle lesson** before the dance. NHABDA is pleased to present our **next dance seminar on Saturday September 29 from 2:00-5:00 PM at Pinkerton Academy**. Laura Mailander from DNE will be teaching **Intermediate Rumba and Tango**. You may have met Laura while she taught a Foxtrot lesson at a dance last summer. Please see the flyer for more details and make sure to call in or email your reservations.

Have you ever considered doing a showcase for NHABDA? Well now is your chance. In October we will be having our **Anniversary Ball**. Rather than bring in a studio to perform the showcase, the board thought it would be fun to open the opportunity up to our members. If you or someone you know would like to present a showcase dance in the coming months – please contact Eileen Morin by October 1st (memorin@comcast.net) and let us know which dance genre.

Help Wanted - As we say Bon Voyage to Donna & Arthur Green, we are left with an opening for someone to make our arrangements of Music, Showcases & Lessons. You will have the option to sit on the Board or not. Coordinating arrangements is a very important position as it sets the tone for our dances and we send our gratitude and best wishes to Donna who has done a super job over the past few years. If this is something you would be interested in, please contact Eileen Morin (memorin@comcast.net)

Questions, comments, suggestions — reply at ijcarbonello@gmail.com or memorin@comcast.net

The Perfect Host

"Hospitality seems to be composed of two parts sincerity and one part preparedness." Esquire Handbook for Hosts, 1953

"The main requirements for a good host are self-confidence, self-respect, and a clear idea of his responsibilities to his guests." —Esquire Etiquette, 1954

Footnotes is published 10 times a year and is sent free to members and associate members of NHABDA.





New Hampshire Amateur Ballroom Dancers Association Presents

Dance Seminar

Saturday, September 29, 2018, 2pm-5pm

2:00-3:30PM Intermediate Rumba

3:30-5:00PM Intermediate Tango

With Laura Mailander

from DNE, North Chelmsford, MA.

Cost: Both sessions \$40.00 per couple (\$25.00 one session only)
Both sessions \$20.00 per Single (\$12.50 one session only)
Preregister by 9/27/18

Location:

Shephard Auditorium – Pinkerton Academy

Route 93 to Exit 5. Go south on Rt. 28 to traffic lights at Hood Plaza.
Turn left onto Tsiennetto Rd. and take first right onto Pinkerton Rd.
The school is on the left about a half mile down.

– OR –

Take Route 93 to Exit 4. Go east on Rt. 102 (Broadway) through Derry,
past golf course on the right, to rotary. Go 3/4 around rotary onto Rt. 28 Bypass north.
Pinkerton is on left.



Please call in your reservation! Call 603-716-6791 ***Preregistration required by 09/27/18

NAME 1: _____

NAME 2: _____

CONTACT NUMBER: _____

RUMBA

TANGO

Amount enclosed: \$ _____

Please make check payable to NHABDA and bring to the seminar on 29 September 2018

August Lesson and Showcase



Photos by Joe Hannaford



Lesson and showcase by
Let's Dance Studio



2018 NHABDA Board of Directors

PRESIDENT

Eileen Morin
603-434-0683

VICE PRESIDENT

Arleen Potter
603-432-6679

TREASURER

Susie Dao
603-767-0351

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Kathy Carbonello
603-434-0632

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603-661-1021

— COMMITTEES —

CLEAN-UP

Ginette Lawrence
603-889-5214

Anthony (Tony) Bolduc
603-889-5214

John Carbonello
603-434-0632

DANCE SET-UP & DECORATIONS

Arleen Potter
603-432-6679
Michael Morin
603-785-9713
Joe Ireland
603-860-3877

MEMBERSHIP

Art & Fran Deleault
603-669-6914

OUTREACH

Joyce Wilson
603-384-1275

MUSIC, SHOWCASE & LESSONS

Open

SINGLES

Arleen Potter
603-432-6679

SCHOLARSHIP

Open

FOOTNOTES

Rene van Oosten
815-782-0605

WEBMASTER

Keith Johnson
603-529-7094

2018 Application for NHABDA Membership

New Hampshire Amateur Ballroom Dancers Association

I wish to be a member of NHABDA. I am an amateur dancer and receive no income from ballroom dance shows, lessons, or competitions.

Name (1)

Name (2)

Street

City

State

Zip

Telephone

Email

Studio Affiliations (list all)

Membership dues are \$20.00, per person, per calendar year and are tax deductible.

Please make check payable to **NHABDA** and mail with this form to: *Eileen Morin, President, 24 Apple Blossom Dr., Londonderry, NH 03053*

I would like to help your organization by:

Volunteering to help set up or tear down on dance nights

Joining the board of directors

Becoming a committee member or chairperson

Other

Dance

From Wikipedia, the free encyclopedia

Dance is a performing art. It is described in many ways. It is when people move to a musical rhythm. They may be alone, or in a group. The dance may be an informal play, a part of a ritual, or a part of a professional performance. There are many kinds of dances, and every human society has its own dances.

Dancing is not a sport, though it does have some athletic aspects. Dance is an art. Some people dance to express their feelings and emotions. Other people dance to feel better. Dance can be used to tell a story. In some societies, dance goes with song as well as music. People who want to learn to dance can go to dance schools. It may take years of practice to become an experienced and flexible dancer.

History

People have always danced. Every society has its own dances. There are pictures, on pottery and stone, which show dances from several thousand years ago, in Egypt and Greece. Sachs divides early dances into 'Image less dances' and 'Image dances'.

By 'image less dances' he meant dances which have no set form, but aim at getting the dancers into a state of ecstasy. In this state the dancer(s) seem changed, in a trance, and are often thought of (by their society) as being 'possessed by spirits'. These dances are done on certain occasions: marriage, war, famine, illness or death, and so on. They are found in all early ('primitive') societies.

The 'image dances', according to Sachs, are to do with the world outside the dancer. By imitating an animal or object, the dancer believes he can capture a power and make it useful. To dance in imitation of the animal which is going to be hunted is to become one with them. To imitate the act of sex is to achieve fertility. This is the kind of thinking behind an image dance. Sachs points out that societies of this kind do not really understand the connection between cause and effect. They really believe the image dances work. The dance type which is used in image dances is mime.

More Places to Dance!

IN NEW HAMPSHIRE

Fitness Ballroom

Hampton Falls, NH. Antonio Cassetta owner.
Call 1-888-704-4348 or visit
www.fitnessballroom.com for info.

Get-in-Step Ballroom Dance Lessons

Betty Ashooh, Bedford & Derry, NH.
603-716-6791 or www.getinstep.biz

Keene Fusion Studios

603-358-0405, Keene, NH. Ballroom, Latin,
and Swing dance classes as well as Pilates and
Zumba. www.keenefusionstudios.com

Krystal Ballroom Dance Studio

352 S. Broadway, (Rte. 28) Salem, NH
For more info. call 603-870-9350 or go to
www.krystalballroom.com

Let's Dance Studio

Michelle Johnson, 603-228-2800, Concord,
NH. Group lessons, performance classes,
line dancing, and Zumba. Free Thurs. night
practice sessions & dance parties 8-10pm.

For more info go to www.letsdancen.com

Arthur Murray Dance Studio

603-624-6857 99 Elm Street, Manchester, NH.
Saturdays, 7-11pm. DJ, free refreshments.
3,000 s.f. dance floor.

www.arthurmurrayboston.com

Newport's "Secret" Ballroom

Natalie Mavor Miles, 603-863-2222, 35 Main
St., Newport, NH.

www.thenewportballroom.com

Paper Moon Dance Center

33 Depot St., Merrimack, NH. 2,400 SF floor.
More info. at www.papermoondance.com or
call 603-943-1106.

Portsmouth Ballroom Dance Studio

603-433-2009, Portsmouth, NH
www.portsmouthballroomdancestudio.com

Purity Springs Resort

800-373-3754 E. Madison, NH. For info. call
978-304-1064, e-mail: pauledemers@comcast.net, or go to www.purityspring.com

Rockingham Ballroom

603-659-4410 Newmarket, NH Ballroom every
Sat. 7:30-11pm, live band, Country line
dancing 1st & 3rd Fridays every month. For
info go to www.the-rockinghamballroom.com

Royal Palace Dance Studio

The Willow Tree Plaza S. Willow St.,
Manchester, NH. Group dance classes 5 nights
a week. Private lessons bookable in advance.
Call 603-621-9119

E-mail: info@royalpalacedance.com

www.RoyalPalaceDance.com

Granite State Ballroom

33 Indian Rock rd. Windham, NH. 603-965-4227,
www.granitestateballroom.com
Friday Nights 7:00pm group class followed by
dancing 8-9:30PM, incl snacks.

Seacoast Ballroom

603-502-3267, The Harborside/Portsmouth, NH.

www.seacoastballroom.com

Wentworth Connections

603-430-0070, Sun. afternoon ballroom dances
for folks 50 or better. 11:30-4:00pm, lunch, cash
bar, \$14. members, \$20. non-members. RSVP.

Bella Vita Dance Studio

250 Commercial Street Suite 4019
Manchester, NH
bellavitadance.com

Copacabana Salsa Night

500 N Commercial St, Manchester, NH,
Wednesday 7:45-11PM Phone: (978) 233-1140

Dance Because

2626 Brown Ave, Manchester, NH, Phone: (913)
428-9928, dancebecause@gmail.com
<http://www.DanceBecause.com>

IN MASSACHUSETTS

Baldassari Ballroom

508-668-4494, 572 Nichols St., Norwood, MA.
Sundays 6-9:30pm Gen. dancing to recorded
music. baldassari@earthlink.net
www.SundayDance.tripod.com

Tina LaFlam's Dance Studio

28 Burnham St., Gloucester, MA 978-283-8758.
e-mail: laurie@gienaplaw.com or go to
www.misstinasdancestudios.com for info.

MASSABDA

www.massabda.org

Moseley's Ballroom

617-326-3075, Dedham, MA

Dan Radler: Ballroom & Latin Dance Center of New England

lessons for all levels and monthly dance parties.
Call 617-455-5500 or www.BallroomDance.net

'Steppin' Out' Ballroom Dance Studio

978-452-1111, Westford Street, Lowell, MA
Dances each month. Free refreshments.
www.steppinoutdance-lowell.com

Wonderland Ballroom

781-289-3080
1290 North Shore Road (Rte. 1A), Revere, MA

IN MAINE

Gotta Dance

207-773-3558 Portland, ME

Maplewood Dance Center

207-878-0584
383 Warren Ave., Portland, ME. E-mail:
themaple@maine.rr.com or go to

www.maplewooddancecenter.com

Maine Ballroom

207-233-5890, 614 Congress St. Portland, ME e-
mail: debmbd@comcast.net
www.maineballroomdancing.com

IN RHODE ISLAND

Friends of Ballroom Dancing (FOBD)

401-847-2980 253 East Main Road,
Portsmouth, RI. e-mail: SkipFOBD@cox.net

*NHABDA does not sponsor or sanction events
or locations listed here. We print this info. only
as a service to our members*

SAVE THESE DATES!

Hoping to book showcases and
lessons for every dance!

NHABDA Schedule

2018

Oct. 20 Pinkerton
Nov. 17 Pinkerton
Dec. 02 Manchester
Downtown Hotel

2019

Jan 19 Pinkerton
Feb 16 Pinkerton
March 16 Pinkerton
April 13 Pinkerton

*"We are all angels with one wing, we
need to embrace each other in order
to swing."*

- Barbara Ambroz

Donations Accepted

NHABDA welcomes donations of gift
certificates or other items of value to
be used as door prizes at our monthly
dances. Please contact Eileen Morin
at 603-434-0683.

Advertising in Footnotes

1/8 page	\$20.00 per issue
1/4 page	\$35.00 per issue
1/2 page	\$60.00 per issue
Full page	\$100.00 per issue

Discounts on multiple insertions.
Contact Rene van Oosten, 815-782-0605,
or dancewithme@protonmail.com for
advertising information. *Footnotes* has a
circulation of approximately 200
households and is also available online.

Attention Everyone!

Footnotes is a benefit that comes with a
current, paid membership to NHABDA. If
someone you know should be receiving
Footnotes or would like to join NHABDA,
please contact Eileen Morin at 603-434-
0683 with their name and address.

If you have ideas, features, or info. that
should be included in *Footnotes*, contact
Rene van Oosten at 815-782-0605,
dancewithme@protonmail.com.

NHABDA QUIZ ANSWER:
Salsa!



NHABDA

NHABDA

855 Hanover street, App 429,
Manchester, NH 03104

www.NHABDA.com

ADDRESS SERVICE REQUESTED

TIME SENSITIVE MATERIAL!



Join Ray & Maria Huard on **Saturday, October 13** for our **Ballroom Dance Camp for Adults!**

Choose up to 6 of 12 fabulous workshops: \$25 each, or buy 5 and get 1 free!
Join us for dinner 6:15-7:15pm: 2 slices of pizza, salad, drink and dessert for \$8pp.

33 Depot Street (in the Riverside Business Park), Merrimack, NH.

Register by September 29!

Name: _____ Phone Number: _____

Email: _____ Amount Included: _____ Check Number: _____

Circle only one workshop for each time slot (Column A OR Column B)

Time	Column A	Column B
1:45pm	Arm Styling (Rhythm & Smooth)	Connections (Rhythm & Smooth)
2:30pm	Smooth Technique	Spins & Turns
3:15pm	Open Foxtrot Choreography	Tricks to Navigate the Floor
4pm	Adding Theatricality to Your Dancing	Open Rumba Choreography
4:45pm	Dips, Tricks & Lifts (for Partners Only)	Rhythm Technique
5:30pm	How to Practice On Your Own	Intro to Viennese Waltz
6:15-7:15pm	Dinner Included	I'll grab dinner on my own!

Questions? Email maria@papermoondance.com or call (603) 943-1106.

Please mail your registration form and check by Sep 29 to our *mailing address*:

Maria Huard, 11 Elder Williams Road, Bedford, NH 03110